

Office of Child and Youth Protection

Diocese of Baton Rouge

**** Family night is a great time to discuss the Virtues with children and young people.*

Learn-Practice-Teach-Encourage...Prudence Is the Key to Creating Safe Communities for Children



The Virtue of Prudence

What is Prudence?

Prudence is the virtue by which a person is disposed to discern the good and best action(s) and also select the means to accomplish such outcomes. It is simply selecting good means toward good ends or purposes. Prudence allows

a person to know just what to do and how to put this knowledge into right action.

Why Practice Prudence? It is important to consider growth in practical wisdom. Through such practical wisdom, we make wise choices and execute the right action in the best way we can. Prudence helps us to plan our time and resources rightly. It helps us to balance our choices of leisure and self-care. Prudent persons are not “prudish” or distant. They are wise and able to judge their daily life decisions in light of Eternity and they consider the impact of their actions upon the future.

Like the other virtues, prudence often grows when there is a decision to foster its growth. We can honestly examine the consequences of our behaviors and actions—especially how they impact others.

Evidence that I am living in Prudence every day may include...

- I can save money and manage it wisely. I can save for future needs.
- I can select not to participate in an event which is immoral, even when others are pressuring me to participate.
- I arrive at work, school or church on time and am punctual with others.
- I see connections between my work performance, school and leisure plans upon my vision of myself, in God’s plan for me.
- I can delay immediate pleasures for deeper or greater long-term successes and joys.
- I have boundaries with others and with myself. I know how my relationships work and I can say “no” and “yes” when I need to.